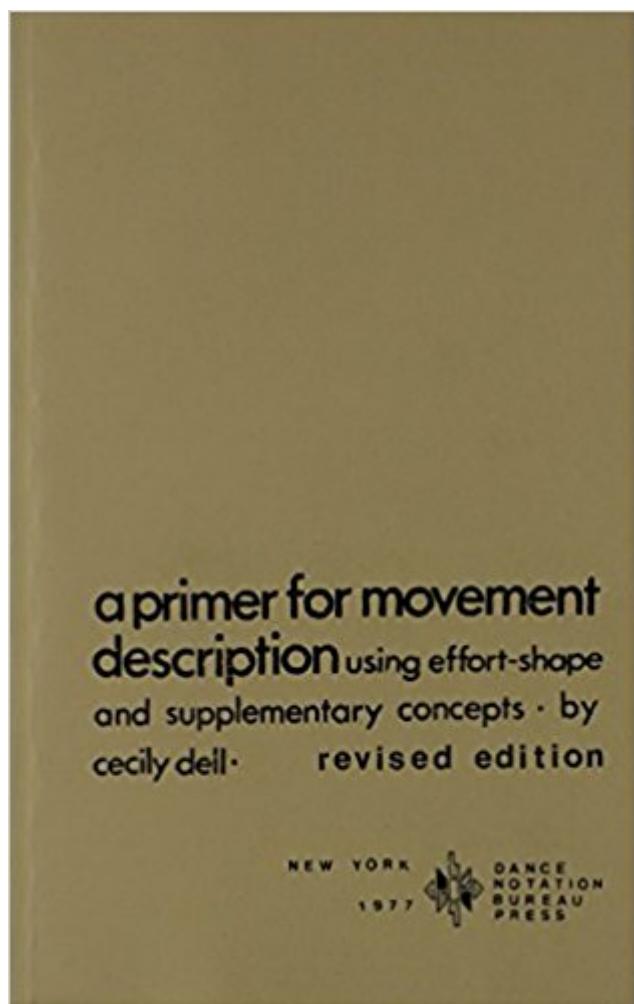


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Primer For Movement Description Using Effort/Shape



Synopsis

Preface: This text is intended as a general guideline for movement description, according to the principles of Effort/Shape, along with some related concepts which are used by various observers to supplement Effort/Shape.

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Quality of the outside is poor, but the inside compensates by far!

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